



MARYLAND DEPARTMENT OF AGING

# Elevate Your Staff's Empathy

with *Engage with*® Skills Training



**The Maryland Department of Aging has partnered with *Engage with*® to offer practical skills training for working with older adults at no cost to your organization.**

As a professional working to meet the critical needs of Maryland residents, you play a crucial role in ensuring that older adults can access the services they need. *Engage with*® can help transform your staff's interactions with older adults resulting in better communication and service delivery.



**Register Online Now!**

[www.engagewith.org/MDOA](http://www.engagewith.org/MDOA)

**Engage with**®

SKILLS TRAINING PROGRAMS

[www.engagewith.org](http://www.engagewith.org)

[info@engagewith.org](mailto:info@engagewith.org)

(443) 921-2940

## In this **FREE** training, you'll learn these helpful core skills:

- » **Exhibiting Respect:** Value older adults by understanding their experiences.
- » **Overcoming Ageism:** Equip yourself to see beyond age stereotypes.
- » **The Power of Listening:** Listen actively to affirm older adults' views.
- » **Beyond Words:** Connect deeply through non-verbal cues.
- » **Expression with Understanding:** Speak with empathy to comfort older adults.
- » **Meaningful Interactions:** Engage effectively for positive interactions.
- » **Recognizing Suicide Risk Factors:** Spot warning signs and offer support.
- » **Keeping the Peace:** Calm tense situations.

**Flip over to learn more about our Core Skills and additional modules available to you through this partnership program!**



This live, online training is offered virtually through the Engage with® Virtual Training Center.

All you need is an internet connected computer, with a keyboard and speakers.



**Register Online Now!**  
[www.engagewith.org/MDOA](http://www.engagewith.org/MDOA)

The Engage with® Skills Training Programs are approved to provide continuing education credits for social workers.

# MARYLAND DEPARTMENT OF AGING

# No-Cost Training Available to You

with Engage with® Skills Training



Following completion of the Core Skills training, there are three 2-hour supplements available which can be taken in any order to meet your individual needs.

<p>4-HOUR CORE TRAINING</p> <p><b>CORE SKILLS</b></p> <p>What Everyone Needs to Know</p>	<p>2-HOUR SUPPLEMENT</p> <p><b>Responding to Mental Health</b></p>	<p>2-HOUR SUPPLEMENT</p> <p><b>Navigating Dementia &amp; Traumatic Brain Injury</b></p>	<p>2-HOUR SUPPLEMENT</p> <p><b>Partner in Care</b></p>
--	--	---	--

Participants will develop or refine skills in the following areas:

This four-hour, stand-alone, skills-based training is an introduction to the Engage with® Older Adults approach and is a prerequisite for the supplements. This training provides a comprehensive foundation of skills with immediate practical applications for its attendees.

- » Redefine perspectives about mental health
- » Intervene to reduce suicide risk
- » Deal effectively with anxiety
- » Promote trauma informed interactions

- » Identify early signs of dementia
- » Differentiate Dementia from Delirium
- » Support someone living with TBI
- » Minimize the impact of cognitive changes
- » Communicate with understanding

- » Create partnerships
- » Recognize core needs
- » Engage in a meaningful way
- » Develop a self-care plan

**Watch a Virtual Demo**—Take a tour of our immersive virtual training center: [www.engagewith.org/demo](http://www.engagewith.org/demo)



[www.engagewith.org](http://www.engagewith.org)  
[info@engagewith.org](mailto:info@engagewith.org)  
 (443) 921-2940